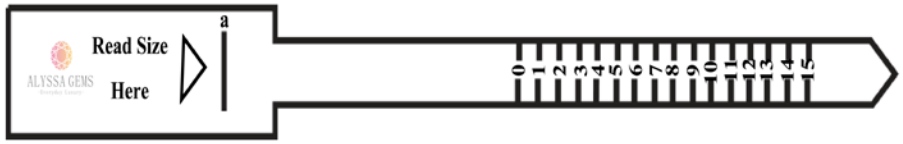

How to use Alyssa Gems sizing paper:

1. Cut the paper according to the dark outline and create a slid on along **a** line.
2. Wrap the paper around you finger and pull the tail of the paper through **a** line that has been slid open.
3. Pull the sizing paper tightly and read the number closest to the line ex. 1, 1 ½.